

# St. John's Invitational-March 26, 2010-Beloit, KS-Girls

## Field Events

### Long Jump

1. Toni Nelson-Sylvan/Lucas-Luray	16-0
2. Prairee Marlier-Lakeside	14-6
3. Lexxy Baietto-Lincoln	14-5 1/4
4. Catherine Wallace-Southern Cloud	14-3 1/4
5. Maddie Warne-Rock Hills	13-8 3/4
6. Janae Underwood-Lakeside	13-6 3/4

### Triple Jump

1. Bryanna Cool-Southern Cloud	33-2
2. Kayla Sholtz-Rock Hills	32-5
3. Taylor Hake-Tipton	32-1
4. Prairee Marlier-Lakeside	31-10
5. Darien Bellows-Southern Cloud	31-0 1/2
6. Danielle Cole-Tescott	31-0

### High Jump

1. Nicole DeMars-Southern Cloud	4-10
2. Lauren Montgomery-Bennington	4-8
3. April Marshall-Tipton	4-6
3. Elane Haberer-Lucas-Luray	4-6
3. Alisha Castro-Southern Cloud	4-6
6. Erin Crawford-Southern Cloud	4-4

### Discus

1. Ashley Lorence-Rock Hills	90-10 1/2
2. Kinley Kee-St. John's	86-6
3. Kasha Pate-Rock Hills	86-6
4. Brandi Bergmeier-Wakefield	86-2
5. Alissa Gasper-Tipton	85-3 1/2
6. Amanda Steinle-Lucas-Luray	84-4 1/2

### Shot Put

1. Alyssia Windel-Lucas-Luray	34-0 1/4
2. Kinley Kee-St. John's	33-4
3. Katie Lawson-Sylvan/Lucas-Luray	31-4 1/4
4. Alissa Gasper-Tipton	30-9 1/2
5. Amanda Steinle-Lucas-Luray	30-4 1/2
6. Ashley Lorence-Rock Hills	29-11 1/4

### Javelin

1. Bethany Jeffery-Rock Hills	112-3
2. Vanessa Kresin-St. John's	110-9
3. Catherine Wallace-Southern Cloud	102-2
4. Abbey Wagner-Wakefield	95-3 1/2
5. Amber Corpstein-Tipton	86-11
6. Janae Perkins-Southern Cloud	86-9

### Pole Vault

1. Janae Underwood-Lakeside	8-0
2. Angela Graves-Tescott	6-6
3. Janae Perkins-Southern Cloud	6-0
4. Maddie Warne-Rock Hills	5-6

## Track Events

### 100 Dash

1. Maddie Warne-Rock Hills	13.66
2. Regan Jeffery-Rock Hills	13.78
3. Erin Crawford-Southern Cloud	14.05
4. Chelsea French-Wakefield	14.24
5. Emma Bowers-Wakefield	14.27
6. Michaela Simmelink-Rock Hills	14.74

### 200 Dash

1. Toni Nelson-Sylvan/Lucas-Luray	27.71
2. Lauren Montgomery-Bennington	28.39
3. Bryanna Cool-Southern Cloud	29.52
4. Alisha Castro-Southern Cloud	29.69
5. Chelsea French-Wakefield	30.02
6. Emma Bowers-Wakefield	30.25

### 400 Dash

1. Vanessa Kresin-St. John's	1:03.64
2. Toni Nelson-Sylvan/Lucas-Luray	1:05.70
3. Kaitlyn Wolf-Bennington	1:06.52
4. Jackie Wagner-Bennington	1:06.78
5. Taylor Hake-Tipton	1:07.88
6. Amanda Fleming-Rock Hills	1:09.18

### 800 Run

1. Vanessa Kresin-St. John's	2:30.33
2. Jillian Stratman-Bennington	2:37.57
3. Sarah Stratman-Bennington	2:42.23
4. Kaitlyn Orr-Wakefield	2:43.38
5. Leanna Streit-Tipton	2:58.98
6. Marissa Budke-St. John's	3:03.86

### 1600 Run

1. Jillian Stratman-Bennington	5:45.98
2. Jenna Farris-Lincoln	5:52.05
3. Kaitlyn Orr-Wakefield	5:52.88
4. Megan Hake-Tipton	5:55.42
5. Kerra Cissne-Lincoln	6:08.81
6. Rachel Renken-Lakeside	6:26.20

### 3200 Run

1. Jenna Farris-Lincoln	12:39.31
2. Kerra Cissne-Lincoln	13:31.00
3. Kendra Alcorn-Rock Hills	14:25.87
4. Ariana Haag-Bennington	14:58.64
5. Katey Whitesell-Bennington	14:59.84
6. Shannon Wallace-So Cloud	15:04.56

### 100 Hurdles

1. Kayla Sholtz-Rock Hills	16.86
2. Damaris Niewald-St. John's	17.22
3. Catherine Wallace-So Cloud	17.62
4. Kim Garrett-Bennington	17.90
5. Taylor Hake-Tipton	18.33
6. Blair McMillan-Rock Hills	18.56

### 300 Hurdles

1. Kim Garrett-Bennington	48.98
2. Kayla Sholtz-Rock Hills	50.66
3. Nicole DeMars-Southern Cloud	51.00
4. Danielle Cole-Tescott	54.72
5. Blair McMillan-Rock Hills	56.49
6. Lindsey Underwood-Rock Hills	58.52

### 400 Relay (4x100)

1. Rock Hills	54.13
2. Bennington	54.23
3. Southern Cloud	56.01
4. Lincoln	59.04

### 1600 Relay (4x400)

1. Bennington	4:22.88
2. Southern Cloud	4:42.34
3. Rock Hills	4:42.64
4. Wakefield	4:51.04
5. Lincoln	5:03.55
6. Tescott	5:15.32

### 3200 Relay (4x800)

1. Tipton	11:02.47
2. Bennington	11:12.15
3. Lincoln	11:22.61
4. Rock Hills	12:23.46
5. Tescott	12:42.73
6. Lakeside	12:51.59

### Team Standings

1. Rock Hills	109
2. Bennington	96
3. Southern Cloud	88
4. St. John's	53
5. Lucas-Luray/Sylvan	49
6. Lincoln	46
7. Tipton	39
8. Wakefield	31
9. Lakeside	25
10. Tescott	16